

Physical Education Long Term Plan

	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
EYFS	First PE	Gymnastics	Ball skills	Tennis	Multi-skills	Athletics
Year 1	Dance	Gymnastics	Dodgeball	Tennis	Multi-skills	Athletics
Year 2	Dance	Gymnastics	Ball games	Kwik-cricket	Multi-skills	Athletics
Year 3	Dance	Gymnastics	Quicksticks	Tag Rugby	Multi-skills	Athletics
Year 4	Dance	Gymnastics	Tennis	Football	Multi-skills	Athletics
Year 5	Dance	Gymnastics	Netball	Rounders	Multi-skills	Athletics
Year 6	Dance	Gymnastics	Handball	Tag rugby	Multi-skills	Athletics